

Fruit of the Spirit:

Patience

This week, we are talking about the fourth fruit of the Spirit: patience!

When we are patient, we face troubles or delays with calm and acceptance. God tells us to wait on His timing and not just the timing our heart desires.

1. Can you think of a time when you had to be patient? Maybe you were on a long car ride. Maybe you were waiting for it to be Christmas! Maybe you were waiting your turn while your sibling played with a toy you wanted.
2. Can you think of a time when you were not patient? How did you act? How did it make you feel? How did it make others feel?
3. What are some ways that we can practice patience even when we don't want to?
4. How can we pray for patience and to trust in God's timing?

