

# Fear

What does the Bible tell us about it?

Yesterday was Halloween! Did you see any scary costumes or decorations? Did you have fear? Do you ever get scared when you see a spider or have a difficult test or watch a scary movie? God tells us not to be afraid. He tells us to cast our fears and worries on Him through prayer and trust that He is in control and will always be with us!

- 1.) What are three things you are scared of?
- 2.) After watching our video, what are a few things you can do to help overcome your fears?
- 3.) How can you pray to God to help you overcome your fears? What might you say?

